

**Email Referrals – [integratedhub@berkshire.nhs.uk](mailto:integratedhub@berkshire.nhs.uk)**

**All fields need to be completed for the referral to be accepted.**

# Adult Speech and Language Therapy Referral Form

Client Name:	NHS Number:
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**For COMMUNICATION referrals ONLY:**

**Sudden onset** ☐ **Gradual decline** ☐

**Current difficulties:**

- ☐ Slurred speech
- ☐ Difficulty producing words or connected speech / word finding difficulties
- ☐ Difficulty comprehending / understanding language / following instructions
- ☐ ↓ Voice quality e.g.: hoarse, breathy, soft.

**Please note: if client is being referred for specific voice difficulties, they must have had a recent ENT assessment (within 6 months). Please attach report.**

**For SWALLOWING referrals ONLY:**

**Sudden onset** ☐ **Gradual decline** ☐

**Current recommendations / oral intake:**    Oral intake ☐    Nil by Mouth ☐    PEG ☐

**Diet:**

- ☐ Level 7, Regular
- ☐ Level 7 Regular; Easy-to-chew
- ☐ Level 6, Soft & Bite-sized
- ☐ Level 5, Minced & Moist
- ☐ Level 4, Puree
- ☐ Level 3, Liquidised

**Fluids:**

- ☐ Level 0, Thin
- ☐ Level 1, Slightly Thick
- ☐ Level 2, Mildly Thick
- ☐ Level 3, Moderately Thick
- ☐ Level 4, Extremely Thick

Please refer to IDDSI framework if unsure - [www.iddsi.org](http://www.iddsi.org)

**Signs of aspiration:**

Coughing on foods	Occasionally ( <i>1-3 times per week</i> ) <input type="checkbox"/>	Once a day <input type="checkbox"/>	Every meal <input type="checkbox"/>
Coughing on fluids	Occasionally ( <i>1-3 times per week</i> ) <input type="checkbox"/>	Once a day <input type="checkbox"/>	Every drink <input type="checkbox"/>

Recurrent, unexplained chest infections    Yes ☐    No ☐

**Choking episodes on food:** Partial or complete obstruction of the airway that may have required back slaps or abdominal thrusts and possible hospitalisation    Yes ☐    No ☐

**Other eating and drinking difficulties:**

<input type="checkbox"/> Drooling <input type="checkbox"/> Difficulty keeping food in mouth <input type="checkbox"/> Holding food in mouth	<input type="checkbox"/> Effortful Chewing <input type="checkbox"/> Sensation of food sticking in throat <input type="checkbox"/> Other .....
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Thank you for completing this referral. Please make sure all the necessary details have been submitted as this helps us to triage appropriately.