

Postural Management

Provided by the Care Home Support Team. A single point of access for Berkshire West Care Home residents for postural management assessment, advice and equipment.

What do we provide?

- Holistic complex posture assessments in the Care Home setting
- Sleep system assessments for care home residents with complex postural needs
- Collaborative working with tissue viability nurses, district nurses, podiatry and other services within Berkshire Healthcare



With permission from Middlesbrough council and Symmetrikit 2017

Referral Criteria for Assessment

- The resident has reduced range of movement in any joint (e.g. a contracture)
or
- The care home staff are having difficulties with positioning the resident in bed due to pressure damage
- The resident must have had a recent review of their pain relief if this is an issue
- The resident is not currently under the care of a private OT/physio or the community-based neuro rehab team (CBNRT)
- The resident is not predicted to be end of life (within the next 2 weeks)
- The resident is not receiving respite care

Useful information to include in your referral:

- If the resident has a contracture, is this impacting on their bed positioning and ability to sit in a chair?
- Does the resident have a swallowing difficulty/are they prone to aspiration pneumonia which you think may be as a result of their positioning?
- Is pain an issue for your resident?

How to refer

(Referrals can be made by Care Home Staff and NHS or Local Authority Professionals)

Please email referrals to carehomesupport@berkshire.nhs.uk

Or phone:

- Katherine Santos (Physio), 07717 690323
- Ruth Macleod (OT), 07827348710

