

# Clients with a Childhood Diagnosis of ADHD

## For clients and GPs

### Referral process

Research shows that approximately 80% of children diagnosed with ADHD will continue to experience clinically impairing symptoms in adulthood. This means that around 20% may no longer meet the clinical definition of the disorder later in life.

ADHD is a lifelong condition, but symptoms can change throughout life development and oftentimes people can naturally develop coping strategies.

In line with these findings, we are required to re-assess ADHD in adulthood, irrespective of whether clients have a childhood diagnosis. This helps to determine an appropriate treatment pathway based on the person's current needs. These assessments may be shorter in length, but note that we are unable to prioritise these cases.

### For GPs

- Please refer patients with a childhood diagnosis to the service for a **diagnostic assessment**
- We are unable to discuss ADHD medication with clients without first reviewing their current symptoms and functioning



### Transition from CAMHS/CYP

- Clients can be transitioned to adult services (CYP will organise) if they are still under the care of CAMHS/CYP and treated with ADHD medication at the age of 17

### For clients

- If your referral is accepted, you will be sent screening questionnaires to complete
- If your screening results are indicative of clinically impairing symptoms then we will add you to the waitlist for assessment
- It is helpful for your clinician if you provide childhood diagnostic reports to support the assessment process, before your appointment

Email [Neuropsychology@berkshire.nhs.uk](mailto:Neuropsychology@berkshire.nhs.uk)

If you do not opt in or are not accepted for assessment, there are support guides and videos available on our website which outline behavioural strategies to help you manage your symptoms.